

Wait and Not Now

Cut apart. Show the card calmly. Say what comes next.



Wait

I can wait.

Then _____



Not now

I can do it later.

Later I can _____

Educator notes: Always say what the student can do while waiting, and follow through with the Then. Start with short waits and make them longer over time.

Wait cards to cut out

Cut on the dashed lines. Show the card and say "wait."



WAIT



WAIT



WAIT



WAIT

Educator notes: Show the card, say "wait," and give the turn or the item back while the student is still waiting calmly. Start with a few seconds and make the wait longer little by little. The timer on screen shows how long.