

My Story About Getting a Haircut



**Sometimes I go to
get a haircut.**



**A haircut is when
someone trims my
hair so it is short
and neat.**



**I sit in a big chair.
A cape goes
around me.**



**The hair cutter
uses scissors or
clippers. Clippers
make a buzzing
sound.**



Some children feel nervous about the sound or the tickle. That is okay.



I will try to stay in the chair for a little while. I can move my hands if I need to.



Soon the haircut is done. The hair cutter brushes off my neck.



A haircut does not hurt. I did something new, and that is a good thing.

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How to use it Read it with the student before the event, then again in a calm moment. Read it as written; the student can point to each picture.

- 1. Descriptive** Sometimes I go to get a haircut.
- 2. Descriptive** A haircut is when someone trims my hair so it is short and neat.
- 3. Descriptive** I sit in a big chair. A cape goes around me.
- 4. Descriptive** The hair cutter uses scissors or clippers. Clippers make a buzzing sound.
- 5. Perspective** Some children feel nervous about the sound or the tickle. That is okay.
- 6. Directive** I will try to stay in the chair for a little while. I can move my hands if I need to.
- 7. Descriptive** Soon the haircut is done. The hair cutter brushes off my neck.
- 8. Affirmative** A haircut does not hurt. I did something new, and that is a good thing.

Why it is written this way First person and positive. Sentences describe what happens and what people feel; there is one directive, written as 'I will try to'. Add your own sentence if the student has a strategy you already teach.